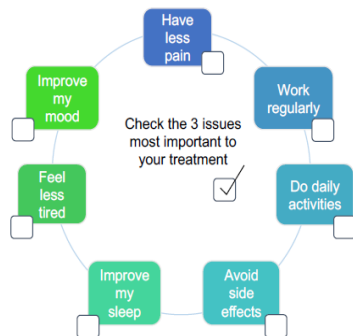


Tool A; side 1

ARTHRITIS CONVERSATION TOOL

Your Goals for Your Treatment

Use this tool to think about your treatment goals, and get the most out of your conversation with your clinician.



Anything else on your mind?

Tool A; side 2

Where do you find the most joy in life?

What are you doing to manage your pain and/or stress?

Consider these sentence starters in figuring out what to share with your clinician.

I would like to talk about...

It is important to me because...

It may help you to know...

I hope this conversation leads to...

I'm nervous this conversation will lead to...

Tool B

TREATMENT PROGRESS WORKSHEET

Patient: please complete before visit

Name _____ DoB _____ Visit date _____

What's on my mind for today's visit:

Please take a moment to write down any thoughts you've had regarding your health. Feel free to include your plan of care, your medications, your test results, or any worries you've had. Your notes help guide your provider's discussion with you.

My treatment goals:

Use this tool to think about your Rheumatoid Arthritis treatment goals, and get the most out of your visit today.



Some conversation-starters for your visit with your provider:

I would like to talk about...

I hope this conversation leads to...

This is important to me because...

I'm nervous this conversation will lead to...

It may help to know...